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## RPL - RECOGNIZED PRIOR LEARNING PROGRAM

**Program** is designed for individuals who have prior experience and knowledge in fitness training but require formal certification. This program allows experienced trainers to fast-track their qualification by demonstrating competency through assessments instead of undergoing the full course duration.

## PROGRAM STRUCTURE

- Duration: 1 month
- Assignments & Worksheet Completion Candidates must complete knowledge-based assessments, Programme Cards and the Worksheets.
- Practical Assessment Evaluating fitness testing methods and conducting a personal training session to assess hands-on skills.

**TOTAL COURSE FEE** 

Flexible EMI Options Available

**AED 4,000** 

The Course Fee includes VAT



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